



Sunny Hill

Skilled Rehab Center

When you're feeling troubled
There's a place you can go
A place not so far
A place you all know

This place is always open
This place I speak of
It's a place you can come to
A place filled with love

It's really easy to find
It's so easy to see
This place that I speak of
This place is with me

So if you need comfort
Or just want to talk
Remember the door, is always open
You don't need to knock

Just open the door
And sit yourself down
For this place is Mother's Place-
The best place in town

-Shirley Aiello





Sunny Hill Skilled Rehab Center

About us

Sunny Hill Skilled Rehab Center is quietly nestled among 40 wooded acres. Whether the need is for short-term intensive therapy or for an extended stay, our dedicated and compassionate staff helps each resident feel at home.

Our facility offers private and semi-private rooms with beautiful views of the surrounding woods, and our backyard is host to many different wildlife species. Residents are encouraged to add their own personal touches such as photographs or a personal bedspread. In addition, we provide assistance with television activation, private telephones, newspaper delivery, personal laundry services and beauty shop services. We also provide intensive therapy services, activities, van trips, in-house physician specialists, financial guidance and assistance, and discharge planning.

Sunny Hill Skilled Rehab Center not only maintains the highest standard of clinical excellence for our residents, but also treats each resident as a unique and special individual. Our long history as the county nursing center provides a tradition of excellence unsurpassed in Will County.





Care

We have a team approach to patient care. All disciplines work together to ensure that the physical, emotional and social needs of the resident are met. A team of health care professionals meet to evaluate each resident after admission to establish a care plan tailored to the resident's needs. This plan is reviewed continually and the resident and family members are invited to attend.

The Director of Nursing, who is in charge of resident care in the facility, manages a staff comprised of Registered Nurse Supervisors, Licensed Practical Nurses and Certified Nursing Assistants. These dedicated professionals serve as liaisons between the resident and the physician. They provide treatments, administer medication and monitor the residents' progress 24 hours a day. Our staff members receive continuing education about the most effective and advanced methods of health care. Our nursing services include pain management, restorative care, post-surgical care, skin care and enteral and intravenous therapy.

Our medical services are complemented with the services of other professionals such as an on-site podiatrist, dentist, optometrist, audiologist, psychologist, psychiatrist, dermatologist and more.

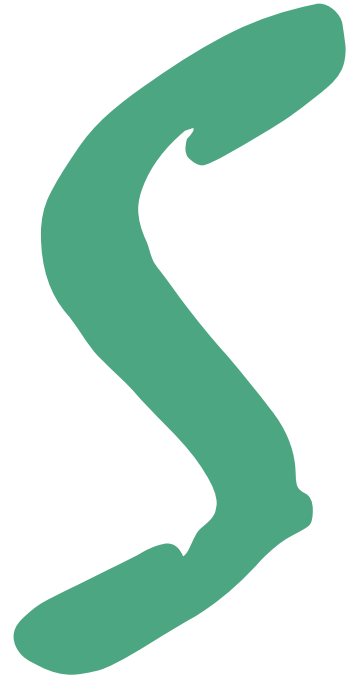
Social Services

The transition from home to a skilled nursing facility requires personalized attention. Our Social Services Department is trained in counseling and assistance. They are committed to getting to know the special needs of each resident and helping them adjust.

Our Social Services staff conducts regular orientation sessions for new residents. They will assist in providing information on advance directives, such as living wills and power of attorney for health care.

The Social Services staff interacts with residents individually and in groups. Their focus is to help deal with the stressors, both personal and environmental, in the resident's life. They actively participate in the resident's care plan and focus on helping the resident attain their goals.

Many residents receive daily therapies which enable them to return to home. The Social Services staff develops a timely discharge plan with the family that allows the resident to return to home.





Therapies

Our fully equipped Therapy Department is where residents experience their greatest progress toward self-reliance and restored function. Whether the goal is to return home, return to a higher level of functioning or to maintain their current level of functioning, our one-to-one therapy program, available seven days a week, assures continuous improvement.

Physical Therapists provide skilled therapy to improve mobility, balance, transfers, range of motion and pain management.

Occupational Therapists retrain residents in self-care skills such as feeding, dressing, bathing and grooming. Safety training and other compensatory techniques are used to improve activities of daily living.

Speech/Language Pathologists assist residents with swallowing difficulties, post-stroke care and with all aspects of communication.

A Respiratory Therapist is present 7 days a week to assess, and reassess oxygen needs, and to provide nebulizer and other respiratory treatments, per physician's orders.

Rehabilitation

Physical & Occupational Rehabilitation

The care continues after therapy through our Rehabilitation Department. Sunny Hill's Licensed Therapists design a physical or occupational rehab program. These programs are carried out by the certified rehabilitation aides. Therapists also design a corresponding nursing restorative program which occurs - at minimum - on a daily basis and is carried out by Certified Nursing Assistants.

Pain Management Specialist

Our pain management specialist is available to assist residents in managing pain effectively. Our goal is to enhance quality of life through identification and timely treatment of pain symptoms.





Activities

Our activity programs offer daily enjoyment and stimulation. We believe that it is important for our residents stay active and feel involved. We have over 350 different activities per month. These range from small group offerings to large special events. We work to stimulate the resident's mental and physical abilities, to encourage social interaction and to promote self-esteem.

Our activities program is diverse. We offer religious services, theme parties, entertainment, games, social hours, mild exercise programs, crafts and pet therapy throughout the year. Frequent excursions are taken in Sunny Hill's 24-passenger bus to community gatherings, sight-seeing tours and other events.

The Resident Council encourages residents to have a voice in the operation of the facility. The Resident Council meets monthly to hear suggestions from residents and to offer recommendations on the services that affect their daily lives.

We can assist your family in planning and celebrating special events such as birthdays and family holiday gatherings.

Dining

Meals are an important part of residents' daily lives. We recognize that meals not only must meet the individual's specific nutritional requirements, but also must be visually appealing and presented in an attractive manner. We encourage our residents to eat in the main dining room and socialize with other residents. Meals are also served in cozy dayrooms on each unit for those who need more assistance with their meals.

We have Registered Dietitians who prepare menus based on well-balanced meals and can provide specialized diets of any type. We take pride in preparing festive meals to reflect traditional seasonal times. Sunny Hill residents can also participate in meal planning. Accommodations are gladly made if family members would like to eat with their loved ones. Tasty snacks and juices are available throughout the day to boost nutritional needs. When visiting Sunny Hill, you will notice the daily menu posted in the dining room.





Amenities

Sweets and Treats Shoppe

The Sweets and Treats Shoppe is located in the Sunshine Room and is open Monday through Sunday from 1:30 to 3:30 pm. Residents and their families are invited to relax and socialize in friendly, inviting surroundings.

Made-to-order ice cream creations and unique gift items are available.

Beauty Salon

We want our residents to look and feel their best during their stay with us. Sunny Hill's Beauty Salon offers a complimentary wash and set every other week for each female resident. Mens hair cuts are also available monthly. Appointments can be made by calling the salon.

Resident Banking and Financial Assistance

Residents may use our banking services Monday through Friday. Financial offices are located to the right of the lobby entrance, next to the admissions office.

Please see our Financial Department for assistance in determining payor sources. We accept Medicare, Medicaid and will conduct an insurance inquiry for you. We are also familiar with Medicaid requirements and can complete an application for you and assist in its follow-up.

Respite Care

A respite stay is a short-term arrangement for caregivers who need to plan for their own or other family medical needs or for vacation or business travel. A respite stay can be as short as a weekend or as long as two weeks. Exceptions can be made for extending the number of days.

Payment for Respite Care is made on the day of the admission. The daily rate includes room and board, nursing services, one-on-one care from Nursing Aides, all meals and snacks, laundry and housekeeping services, and participation in all activities. Medications can be brought from home as long as each medication is listed on the physician's orders.

Hospice

Hospice care is available for residents who are terminally ill. Hospice can provide additional emotional, medical and spiritual support for residents and their families. We can make arrangements for hospice care to be provided at Sunny Hill. Our hospice team is experienced in pain and symptom management. Our goal is to make the resident as comfortable as possible.





Commitment to Quality

Our facility has a Quality Assurance Committee whose goal is to continually improve all facets of daily life. The members of this committee include the Administrator, the Medical Director and all department heads. This committee evaluates all aspects of the facility from nursing care to building maintenance to operational procedures. Progress is noted and new opportunities for improvement are identified. The committee then develops solutions and works with the staff to implement new goals.

Open Door Visitation

We encourage families to stay involved in their loved ones' lives. Family members and friends are always invited to attend special social events and activities. We welcome family visits and have comfortable areas where families can gather for special occasions or quiet conversations. Many people enjoy walking the grounds or relaxing in our courtyard. In order to respect the privacy and dignity of all residents, we have suggested visiting hours of 10:00 a.m. to 8:30 p.m. daily.

We Invite You

Come and see what Sunny Hill Skilled Rehab Center is all about. To arrange for a personal tour, please call 815-727-8710.

Admissions

Sunny Hill Skilled Rehab Center has an Admissions Director and admission specialists who are available to provide tours of the facility and help guide families through the admissions process.

The admissions specialist may be the first contact you will have with Sunny Hill. During the admissions process information is gathered from family, physician and hospital. At the actual time of admission, new members of the Sunny Hill family are accompanied every step of the way. Admissions specialists are there to answer questions and to explain daily routines. Staff members will introduce themselves, including nursing staff, the skin care nurse, social worker, activity staff and the rehabilitation staff. Sunny Hill's admissions specialists are available at any time after admission to answer questions and provide guidance.

Administrative office hours are Monday through Friday, 8:30 a.m. until 4:30 p.m. Exceptions can be made for evening or weekend appointments as needed.



Sunny Hill Skilled Rehab Center at a glance...

Positive reports are rarely published regarding the care and treatment of our elderly population. It is with this in mind that I want to acknowledge the outstanding service provided by the employees of Sunny Hill...

My sister and I want to express our deep appreciation to the staff of Sunny Hill for the care given to Mary DiLorenzo, our mother, who passed away...after having been a resident for nearly four years.
Bernadine A. Cryer

...The quality of care our mother received at Sunny Hill was outstanding. Every person on your staff treated our mother and family with respect and compassion.
The Family of Marie Bourke

You all have made me and my family feel as though this was our home, too.
Jackie Gecan

"Mom was so well taken care of on that unit (by) nurses aides and nurses (on) all three shifts. It really means a lot to families. They are angels. Please tell them."
Shirley DeCampi

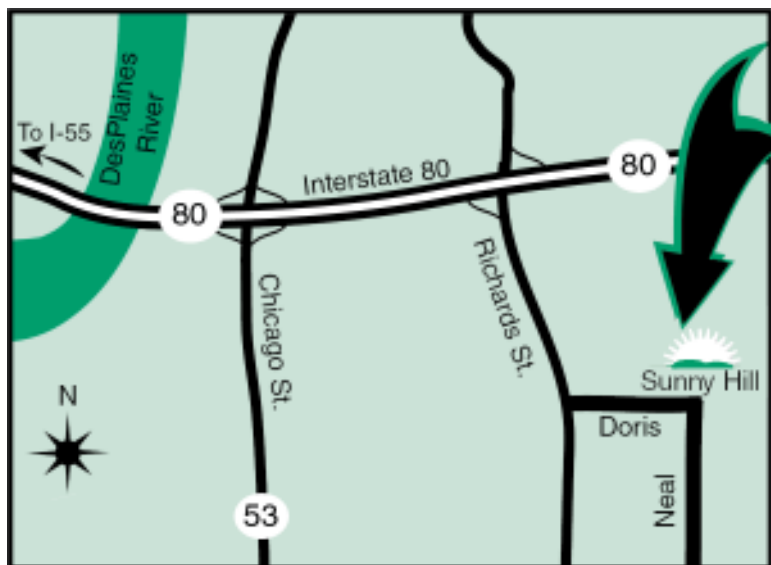
- Fully certified by Medicare, Medicaid and the State of Illinois
- Situated on 40 beautiful, wooded acres
- 24 hour Registered Nurse supervision
- Physical Therapies 7 days a week
- Occupational Therapies 7 days a week
- Respiratory Therapy 7 days a week
- Speech Therapy 7 days a week
- Hospice & Respite Care
- Over 350 Activities per month
- Field trips
- Certified Rehabilitation Nurse
- Skin and Wound Care Specialist
- Pain Management Specialist
- Dedicated, caring staff
- On-site dentistry, podiatry & optometry

DIRECTIONS:

Sunny Hill is situated on 40 wooded acres, in Joliet, Illinois. The center is less than one-half mile from the Richards Street-South exit of Interstate 80.

From Interstate 55, exit Interstate 80 east.

From Interstate 80 (East or West) exit at Richards Street South (Exit # 133). Head south for approximately 4 blocks. Turn left on Doris Street. Go 2 blocks to where the street ends and turn left into the parking lot.



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Joliet, IL. 60433
(815) 727-8710 FAX: (815) 740-8145
WWW.WillCountyIllinois.com/SunnyHill



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